

# NWCX League - Round 8 Padeswood

## Age Group Results Race 3

Pos.	Bib	Name	Age	M/F	Cat	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Laps	Avg.	Finish
Race 3															
Male															
Adult															
1.	19	Matthews, Josh	31	M	Adult	04:38	07:54	08:02	08:09	08:20	08:36		6	07:37	0:45:42 -
2.	21	Morris, Adam	22	M	Adult	04:56	07:51	08:18	08:18	08:33	08:53		6	07:48	0:46:52 +01:09.5
3.	24	Smith, Alex	39	M	Adult	05:02	08:14	08:23	08:42	08:50	09:07		6	08:03	0:48:21 +02:38.5
4.	14	Dixon, Callum	33	M	Adult	05:15	08:17	08:33	08:42	08:55	08:55		6	08:06	0:48:41 +02:58.7
5.	11	Abbotts, Liam	25	M	Adult	06:27	09:17	10:02	11:56	11:16			5	09:48	0:49:00 -1 LAP
6.	13	Danson, Joe	37	M	Adult	06:28	09:44	10:14	11:40	11:13			5	09:52	0:49:21 -1 LAP
7.	22	Noble, Gavin	39	M	Adult	06:16	10:53	10:48	10:52	11:31			5	10:04	0:50:22 -1 LAP
8.	12	Brennen, Matthew	38	M	Adult	05:54	10:47	11:22	11:21	11:12			5	10:07	0:50:38 -1 LAP
9.	55	Brown, Martin	35	M	Adult	05:24	09:33	09:41	13:02	13:21			5	10:12	0:51:04 -1 LAP
10.	30	Owen, Elis	32	M	Adult	07:08	10:35	11:00	11:02	11:32			5	10:16	0:51:20 -1 LAP
11.	16	Jones, Matthew	21	M	Adult	06:57	10:41	11:00	11:54	11:44			5	10:27	0:52:18 -1 LAP
12.	53	Waterfield, Sam	28	M	Adult	06:45	10:53	11:39	11:40	11:47			5	10:33	0:52:46 -1 LAP
Vet 40															
1.	90	Davies, James	43	M	Vet 40	05:15	07:47	08:04	08:18	08:40	08:32		6	07:46	0:46:39 +00:57.1
2.	84	Upton, Neil	45	M	Vet 40	05:13	08:45	08:59	09:07	09:15	09:02		6	08:24	0:50:23 +04:41.5
3.	96	MacPherson, Ally	42	M	Vet 40	05:29	09:07	09:13	09:23	09:28	09:34		6	08:42	0:52:15 +06:33.3
4.	105	Stuart, Stephen	41	M	Vet 40	05:45	09:10	09:41	09:39	10:07	10:18		6	09:07	0:54:42 +08:59.7
5.	95	Lancaster, Iain	44	M	Vet 40	06:37	09:58	10:22	10:20	10:13			5	09:30	0:47:31 -1 LAP
6.	122	Rowlands, Gavin	48	M	Vet 40	06:47	10:25	10:24	10:41	10:17			5	09:43	0:48:36 -1 LAP
7.	113	Marples, Barry	42	M	Vet 40	06:50	11:22	11:55	13:45	13:45			5	11:31	0:57:37 -1 LAP
8.	94	Jones, Simon	49	M	Vet 40	07:48	11:32	12:55	13:28				4	11:26	0:45:45 -2 LAP
9.	91	Gray, Peter	42	M	Vet 40	08:36	12:39	24:33					3	15:16	0:45:50 -3 LAP
Vet 50															
1.	145	Henshall, Steven	54	M	Vet 50	05:13	07:38	08:17	08:39	08:48	08:39		6	07:52	0:47:16 +01:34.2
2.	165	Bradbrook, Stephen	52	M	Vet 50	05:13	08:14	08:35	08:53	09:10	09:19		6	08:14	0:49:27 +03:44.7
3.	175	Jones, Mark	55	M	Vet 50	05:18	08:41	09:02	09:00	09:23	09:06		6	08:25	0:50:32 +04:49.6

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Pos.	Bib	Name	Age	M/F	Cat	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Laps	Avg.	Finish
4.	210	Kardasz, Jan	64	M	Vet 50	05:58	08:59	08:51	09:16	09:23	09:34		6	08:40	0:52:02 +06:20.0
5.	162	Allen, Robert	59	M	Vet 50	05:55	09:09	09:41	10:09	09:57	10:13		6	09:11	0:55:08 +09:26.4
6.	176	Jones, Gwynedd	50	M	Vet 50	05:37	08:29	09:05	11:29	12:01			5	09:20	0:46:43 -1 LAP
7.	174	Jones, Haydn	52	M	Vet 50	06:33	09:50	10:16	10:20	10:07			5	09:25	0:47:07 -1 LAP
8.	194	Cubbins, Paul	50	M	Vet 50	06:35	09:57	10:15	10:29	10:22			5	09:32	0:47:40 -1 LAP
9.	172	Hughes, Peter	58	M	Vet 50	06:41	09:55	10:09	10:30	10:36			5	09:34	0:47:53 -1 LAP
10.	166	Dabner, Phil	57	M	Vet 50	06:18	10:12	10:38	10:56	10:00			5	09:37	0:48:05 -1 LAP
11.	168	Enston, Charles	50	M	Vet 50	06:30	09:56	10:55	10:51	10:45			5	09:48	0:48:59 -1 LAP
12.	164	Baker, David	53	M	Vet 50	06:41	10:07	10:35	11:03	11:26			5	09:59	0:49:55 -1 LAP
13.	212	Groves, Guy	51	M	Vet 50	06:11	10:11	11:28	11:20	10:56			5	10:01	0:50:07 -1 LAP
14.	161	Abbotts, Marcus	58	M	Vet 50	06:24	10:24	11:12	12:05	11:39			5	10:21	0:51:46 -1 LAP
15.	179	Lewis, Justin e	54	M	Vet 50	06:24	10:47	11:50	11:47	11:39			5	10:29	0:52:28 -1 LAP
16.	173	Iyanda, Wesley	51	M	Vet 50	06:42	10:43	11:43	12:32	12:13			5	10:47	0:53:55 -1 LAP
17.	196	Ellis, Ian	52	M	Vet 50	07:12	12:14	12:02	12:15	12:22			5	11:13	0:56:06 -1 LAP
18.	198	Jenkinson, Paul	57	M	Vet 50	06:51	11:20	11:51	13:48	13:55			5	11:33	0:57:47 -1 LAP
19.	167	Davies, Stephen	59	M	Vet 50	08:02	12:22	13:03	12:50				4	11:34	0:46:18 -2 LAP
20.	67	Gibbs, Chris	62	M	Vet 50	07:37	10:47	13:31	15:14				4	11:47	0:47:10 -2 LAP
21.	185	Robson, Joseph	52	M	Vet 50	07:54	12:53	13:22	13:32				4	11:55	0:47:42 -2 LAP
22.	187	Shillinglaw, Barry	58	M	Vet 50	07:23	13:15	12:25	14:38				4	11:55	0:47:42 -2 LAP
23.	217	Arnison, Iain	52	M	Vet 50	08:18	12:24	14:04	15:49				4	12:39	0:50:36 -2 LAP
24.	190	Whalley, Graham	58	M	Vet 50	08:39	14:10	14:08	15:52				4	13:12	0:52:50 -2 LAP
25.	191	Bennett, Chris	60	M	Vet 50	13:58	22:40	13:11					3	16:36	0:49:50 -3 LAP

Number of records: 46